



THE AMERICAN COLLEGE, MADURAI

(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Re-accredited (2nd Cycle) by NAAC with Grade "A", CGPA – 3.46 on a 4-point scale

Backlog Arrear Examination, March 2021

RPS 3202

POSITIVE SELF IMAGE DEVELOPMENT

Duration: 2 Hrs

Marks: 60

I. Answer any FOUR of the following

(4*15=60)

1. List out the factors that determine our attitude.
2. What is impression management?
3. Explain internal and external motivation?
4. What is self esteem? Explain its qualities.
5. How do you understand a person? Explain its strategies.
6. Elucidate goal setting and the way to achieve it
7. Explain the first three habits of Highly Effective People.